

Mental and Physical Health

HDC 24/7 Community Crisis Response

Unarmed, behavioral health-focused, non-punitive crisis response.

Toll free 844-772-4724 or 988
Text 741-741

Accend Services

Mental health services for adults and children.
218-724-3122, 101 W. 2nd St
www.accendservices.com

Birch Tree Center

Residential crisis stabilization
when experiencing mental health crisis.
4720 Burning Tree Road
www.birchtreeduluth.com

Center for Alcohol & Drug Treatment

Detox, Outpatient and Residential treatment, counseling
218-723-8444, 1402 E. Superior St.
www.cadt.org

Lake Superior Community Health Center

Medical, dental, mental health services
Medical and Behavioral Health: 218-722-1497
Dental: 218-628-7035 4325 Grand Ave. www.lschc.org

LSS Teen Health Center

Free screenings and resources for those ages 13-24.
218-529-2224, 1422 E. Superior St.
www.lssmn.org

RAAN

Needle exchange, Narcan, free HIV and Hep C testing.
218-481-7225, 31 W. 1st St.
www.raan.org

WE Health Clinic

Sexual and reproductive health care for women and
trans/GNC individuals.
218-727-3352, 32 E First Street
wehealthclinic.org

Rule 25/Comprehensive assessments:
218-725-5260

St. Louis County Mental Health Intake:
218-355-1530

Legal Assistance

Indian Legal Assistance

218-727-2881, 312 W Superior St
www.ilap-duluth.com

Legal Aid

General legal services program, including
the Senior Citizens Law Project
218-623-8100, 424 W. Superior St. Suite #302
www.lasnem.org

For general information and referral

United Way:

2-1-1 or 1-800-543-7709
211.org

St. Louis County Triage Team:

218-733-2717

Street Outreach Team
general # 218-461-8505
John Stetson, 218-390-3580

RESOURCEFUL

<https://resourceful.findhelp.com/>

A free community resource guide
to help you find free and reduced
cost services near you.

Main Library

520 W Superior St
218-730-4200

Monday 10am - 5pm
Tuesday 10am - 8pm
Wednesday 10am - 5pm
Thursday 10am - 8pm
Friday 10am - 5pm
Saturday 10am - 5pm



**DULUTH
PUBLIC
LIBRARY**

Compiled by
Duluth Public Library Staff

This is not meant to be an exhaustive list of services
available in Duluth. The Duluth Public Library is not
affiliated with any of these organizations.

Updated
1/25/23



988 Suicide and Crisis Lifeline
call or text 988
chat online @988lifeline.org

Social Services in Duluth:

Domestic and Sexual Violence
Housing and Shelter
Legal Assistance
Meals
Mental and Physical Health

Available to:

Adults
Parents and Children
Seniors
Veterans
Youth

Shelter and Housing

for youth

Life House Youth Center

Crisis intervention, housing assistance, education, emergency shelter, drop-in center

218-722-7431, 102 W. 1st St.

www.lifehouseduluth.org

LSS Duluth Runaway & Homeless Youth Service

218-626-2726 (24 hr. Anonymous crisis line)

www.lssmn.org

for adults

American Indian Community Housing Organization (AICHO)

Emergency and longterm housing for Native Americans

218-722-7225, or 218-722-2247 (Domestic Violence

Hotline) 202 W. 2nd St.

www.aicho.org

Another Door

Emergency housing shelter for ages 18-24

218-391-5145

www.lssmn.org/youth/duluth/another-door

CHUM

Street Outreach Line, available 8am - 8pm:

218-461-8505

24 hr. warming center, emergency shelter, meals, showers, storage lockers, phones, laundry.

218-720-6521, 125 N. 1st Ave. W.

www.chumduluth.org

HDC Homeless Program

Housing Assistance for people who are homeless, have mental illness, and may have health problems and substance abuse issues.

218-728-4491, 810 E 4th St

www.humandevopmentcenter.org

Loaves and Fishes

Shelter for families with children, pregnant women, men's shelter (call first and ask for volunteer on duty), meals, showers. 218-724-2054 or 218-728-0629

1614 and 1712 Jefferson St.

duluthcatholicwork.wixsite.com/loavesandfishes

Warming Center – Lincoln Park

Nov. 1 – March 31, 6 pm -8 am

2014 W. 3rd St.

Meals

Damiano

Meals, showers, clothing, household goods, kids programs.

218-722-8708, 206 W. 4th St.

Breakfast: 8:30 – 9:30 daily

Lunch: 11:30 – 1:00 (Mon, Wed, Fri-Sun)

Dinner: 5:00 – 6:00 (Wed, Fri-Sun)

www.damianocenter.org

Salvation Army

Lunch, emergency food shelf, clothing vouchers for items at Thrift Store, other support of basic needs

218-722-7934, 215 S. 27th Ave. W.

Hot Lunch Monday - Friday 11:30 – 12:30

Union Gospel Mission - Meals, food shelf, hygiene kits

218-722-1196, 219 E. 1st St.

www.duluth-ugm.org

Breakfast: 8:30-9 (Wed)

Lunch: 12:00 – 12:30 (Tues, Wed, Thurs, Fri)

Dinner: 4:15-5:00 (Mon, Tue, Thurs)

Domestic and Sexual Violence Support

Day One

24/7 hotline for survivors of domestic violence, sexual assault, human trafficking, and for those questioning aspects of their relationship. Connect with an advocate; get info about resources/options, including housing, support groups, and legal advocacy.

1-866-223-111

www.dayoneservices.org

PAVSA

(Program for Aid to Victims of Sexual Assault)

Services include options for people who have been victimized, ranging from immediate crisis intervention to long-term counseling

218-726-1931 (24 hr. help line)

218-726-1442, 32 E. 1st St., Suite 200

www.pavsa.org

Safe Haven

Emergency shelter for those who identify as a woman or non-binary person and their children and pets, assistance with protection orders and criminal court process.

218-728-6481 (24 hr. helpline)

www.safehavenshelter.org

Resources for Veterans

Minnesota Assistance Council for Veterans

Outreach, housing, financial aid, legal help

218-722-8763, 5209 Ramsey St.

www.mac-v.org

St. Louis County Veterans Service

Assistance with benefits, pension, burial

218-725-5285, 4815 Burning Tree Rd.

www.stlouiscountymn.gov

Parents and Children

First Witness Child Advocacy Center

Crisis counseling and advocacy services for alleged victims of child abuse and their families.

218-727-8353, 4 W. 5th Street

www.firstwitness.org

LSS Crisis Nursery

Parents dealing with personal stress or crises and need help caring for their children

218-302-6879

1422 E Superior St.

www.lssmn.org/crisisnursery

LGBTQ+ Support

Together for Youth

An inclusive, supportive and welcoming group for LGBTQIA2S+ youth and allies ages 14-20.

Kathy.hermes@lssmn.org

218-529-2224, 1422 E. Superior St.

www.lssmn.org

Trans Plus

Community care, connections, and resources to Trans+ people. Virtual support groups.

transplumn@gmail.com

Resources for Seniors

Age Well Arrowhead

Connecting older adults and caregivers to services that support healthy aging and independence.

218-623-7800; 306 W. Superior St.

www.agewellarrowhead.org

Senior LinkAge Line

Free service which helps older adults and caregivers to find community services.

1-800-333-2433; 221 W 1st St.

www.seniorlinkageline.com