

Mental and Physical Health

HDC 24/7 Community Crisis Response

Unarmed, behavioral health-focused, non-punitive crisis response.

Toll free 844-772-4724
Text "home" to 741741

Accend Services

Mental health services for adults and children.
218-724-3122, 101 W. 2nd St
www.accendservices.com

Birch Tree Center

Residential crisis stabilization when experiencing mental health crisis.
218-623-1800

4720 Burning Tree Road
www.birchtreeduluth.com

Center for Alcohol & Drug Treatment

Detox, Outpatient and Residential treatment, counseling.
218-723-8444, 1402 E. Superior St.
www.cadt.org

Lake Superior Community Health Center

Medical, dental, mental health services.
Medical and Behavioral Health: 218-722-1497
Dental: 218-628-7035 4325 Grand Ave. www.lschc.org

LSS Teen Health Center

Free screenings and resources for those ages 13-24.
218-529-2224
www.lssmn.org

RAAN

Needle exchange, Narcan, free HIV and Hep C testing.
218-481-7225, 31 W. 1st St.
www.raan.org

Recovery Alliance Duluth (RAD)

RAD is a community organization that connects people seeking recovery to others who have walked a similar path and are trained to help through peer-to-peer recovery support.
218-576-6005

recoveryallianceduluth.org

WE Health Clinic

Sexual and reproductive health care for women, trans, and gender non-conforming individuals.
218-727-3352, 32 E First Street
wehealthclinic.org

Rule 25/Comprehensive assessments

218-725-5260

St. Louis County Mental Health Intake

218-355-1530

For general information and referral

United Way:

2-1-1 or 1-800-543-7709
211.org

St. Louis County Triage Team:

218-733-2717

Street Outreach Team general # 218-461-8505

RESOURCEFUL

<https://resourceful.findhelp.com/>

A free community resource guide to help you find free and reduced cost services near you.

Main Library

520 W. Superior St.
218-730-4200

Monday 10am - 5pm
Tuesday 10am - 8pm
Wednesday 10am - 5pm
Thursday 10am - 8pm
Friday 10am - 5pm
Saturday 10am - 5pm



DULUTH
PUBLIC
LIBRARY

Compiled by
Duluth Public Library Staff

This is not meant to be an exhaustive list of services available in Duluth. The Duluth Public Library is not affiliated with any of these organizations.

Updated
2/2/24



988 Suicide and Crisis Lifeline
call or text 988
chat online @988lifeline.org

Social Services in Duluth:

Domestic and Sexual Violence

Housing and Shelter

Legal Assistance

Meals

Mental and Physical Health

Available for:

Adults

Parents and Children

Seniors

Veterans

Youth

Shelter and Housing

for youth

Life House Youth Center

Crisis intervention, housing assistance, education, emergency shelter, drop-in center for ages 14-24.
218-722-7431, 102 W. 1st St.
www.lifehouseduluth.org

LSS Duluth Runaway & Homeless Youth Service

218-626-1901 (24 hr. Anonymous crisis line)
www.lssmn.org

for adults

American Indian Community Housing Organization (AICHO)

Emergency and longterm housing.
218-722-7225, or 218-722-2247 (Domestic Violence Hotline)
202 W. 2nd St.
www.aicho.org

Another Door

Emergency housing shelter for ages 18-24.
218-391-5145
www.lssmn.org/youth/duluth/another-door

CHUM

Street Outreach Line, 218-726-0153
24 hr. warming center, emergency shelter, meals, showers, storage lockers, phones, laundry.
218-720-6521, 125 N. 1st Ave. W.
www.chumduluth.org

Loaves and Fishes

Shelter for families with children, pregnant women, men's shelter (call first and ask for volunteer on duty), meals, showers.
218-724-2054 or 218-728-0629
1614 and 1712 Jefferson St.
duluthcatholicwork.wixsite.com/loavesandfishes

Legal Assistance

Indian Legal Assistance

218-727-2881, 312 W. Superior St
www.ilap-duluth.com

Legal Aid

Available for anyone with low income, aged 60+, and/or disability
218-722-5625, 306 W. Superior St. Suite #403
Office Hours: 8:30am-4:30pm
www.mylegalaid.org

Meals

Damiano

Meals, showers, clothing, household goods, kids programs.
218-722-8708, 206 W. 4th St.
Breakfast: 8:30 – 9:30 daily
Lunch: 11:30 – 1:00 (Mon, Wed, Fri-Sun)
Dinner: 5:00 – 6:00 (Fri-Sun)
www.damianocenter.org

Salvation Army

Lunch, emergency food shelf, clothing vouchers for teens at the thrift store, other support of basic needs.
218-722-7934, 215 S. 27th Ave. W.
Hot Lunch Monday - Friday 11:30 – 12:30

Union Gospel Mission

Meals, food shelf, hygiene kits.
218-722-1196, 219 E. 1st St.
www.duluth-ugm.org
Lunch: 12:00 – 1:00 (Mon-Fri)
Dinner: 4:30-5:30 (Mon-Thurs)

Domestic and Sexual Violence Support

Day One

24/7 hotline for survivors of domestic violence, sexual assault, human trafficking, and for those questioning aspects of their relationship. Connect with an advocate; get info about resources and options, including housing, support groups, and legal advocacy.
1-866-223-1111
www.dayoneservices.org

PAVSA

(Program for Aid to Victims of Sexual Assault)
Services include options for people who have been victimized, ranging from immediate crisis intervention to long-term counseling.
218-726-1931 (24 hr. help line)
218-726-1442, 32 E. 1st St., Suite 200
www.pavsa.org

Safe Haven

Emergency shelter for anyone who identifies as a survivor of domestic violence and their children and pets. Receive assistance with protection orders and the court process.
218-728-6481 (24 hr. helpline)
safehavenshelter.org

Resources for Veterans

Minnesota Assistance Council for Veterans
Outreach, housing, financial aid, legal help.
218-722-8763, 5209 Ramsey St.
www.mac-v.org

St. Louis County Veterans Service

Assistance with benefits, pension, burial.
218-725-5285, 4815 Burning Tree Rd.
www.stlouiscountymn.gov

Parents and Children

First Witness Child Advocacy Center

Crisis counseling and advocacy services for alleged victims of child abuse and their families.
218-727-8353, 4 W. 5th Street
www.firstwitness.org

LSS Crisis Nursery

Resources for parents dealing with personal stress or crises and need help caring for their children.
218-302-6879
1422 E Superior St.
www.lssmn.org/crisisnursery

LGBTQ+ Support

Together for Youth

An inclusive, supportive and welcoming group for LGBTQIA2S+ youth and allies ages 14-20.
218-529-2224, 1422 E. Superior St.

Trans Northland

Support, advocacy, education, connection.
transnorthland.org

Resources for Seniors

Age Well Arrowhead

Providing services and supports that allow seniors to live how they choose.
218-623-7800; 306 W. Superior St.
www.agewellarrowhead.org

Senior LinkAge Line

Free service which helps older adults and caregivers to find community services.
1-800-333-2433; 221 W 1st St.
www.seniorlinkageline.com